



**Change is good**



**That Was Then ☺☺☺☺ This is now**

**WOMEN ONLY**

**One -on- One Alcohol / Drug  
Counselling  
Every Friday**

**Time 10:00 to 1:00**



**Starting: December 02, 2011**

**Location: Downtown**

**Community Court**

**211 Gore street**

*Karen Longmuir*

Alcohol and Drug Counselor

Direct Line: 604-628-1146

Ph.: 604-985-5355 Ext: 346

Toll Free: 1-877-811-1190

Fax: 1-888-520-6140

Email: [klongmuir@nccabc.com](mailto:klongmuir@nccabc.com)